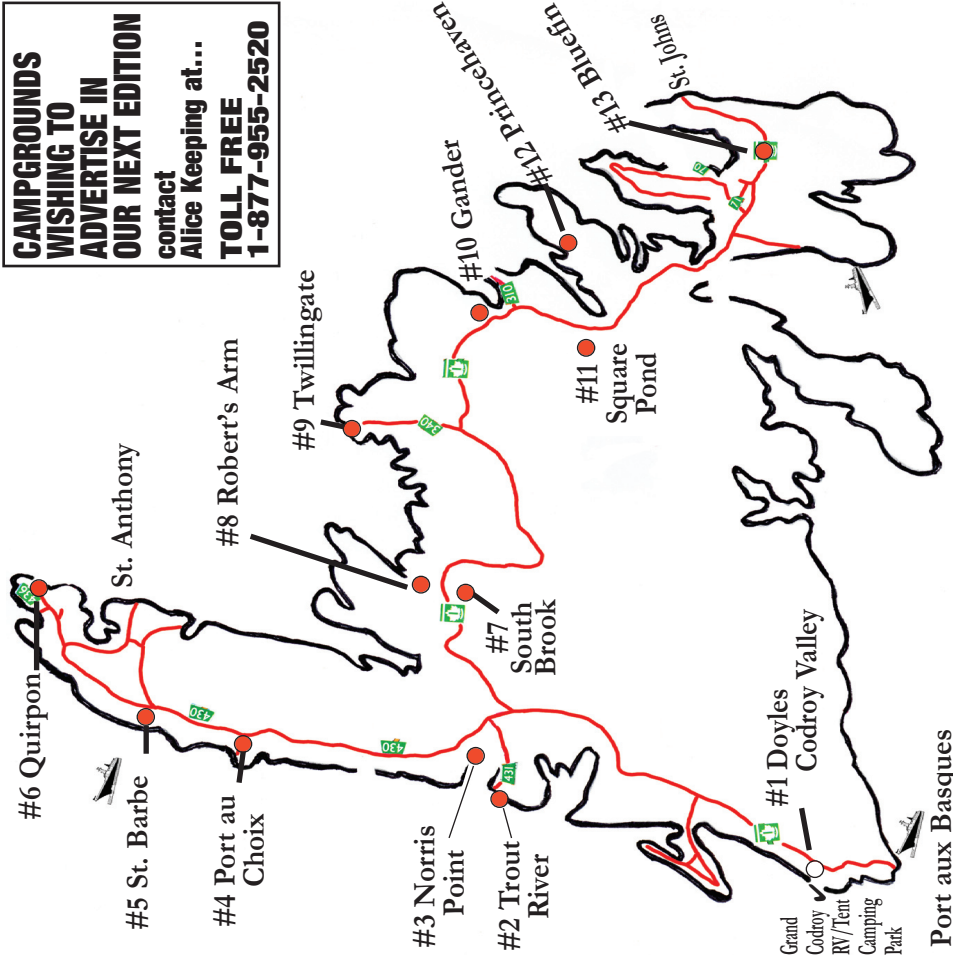


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 contact Alice Keeping at...
TOLL FREE 1-877-955-2520



Grand Codroy RV/Tent Camping Park
 Port aux Basques

#7	North Sydney, NS - Closest Campground to Nfld. Ferry Arm of Gold Campground & Trailer Park Toll Free: 1-866-736-6516 • 902-736-6516 3 miles West of Nfld Ferry - Ex. 18 off 105 Trans Canada Hwy.	#7	South Brook, Route 1 Kona Beach Park Ph: 709-657-2400
#1	5 Doyles Station Road, Route 406 Grand Codroy RV/Tent Camping Park Ph: 1-877-955-2520 Page 95 in 2023 NL Travel Guide	#8	Roberts Arm, Route 380, 23 km off TCH Crescent Lake RV Park Ph: 709-293-0299 Page 188 in 2023 NL Travel Guide
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FREE Newfoundland

CODROY VALLEY TRAVELERS GUIDE

Wetland's Scenic Loop

Route 406 & 407 (& Area)

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Local Radio Stations:
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RV-TENT CAMPING PARK

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Ode to Newfoundland

Sir Cavendish Boyle

When Sunrays crown
thy pine clad hills,
And Summer spreads her hand,
When silvern voices tune thy rills,
We love thee smiling land,
We love thee, we love thee
We love thee, smiling land.
When spreads thy cloak
of shimm'ring white,
At Winter's stern command,
Thro' shortened day and starlit night,
We love thee, frozen land,
We love thee, we love thee,
We love thee, frozen land.
When blinding storm
gusts fret thy shore,
And wild waves lash thy strand,
thro' sprindrift swirl and tempest roar,
we love thee, wind-swept land,
We love thee, we love thee,
We love thee, wind-swept land.
As loved our fathers, so we love,
Where once they stood we stand,
Their payer we raise to heav'n above,
God guard thee, Newfoundland,
God guard thee, God guard thee,
God guard thee, Newfoundland.

A good ole' Newfoundland psychiatrist

A Newfoundlander went to see a psychiatrist. When he got there, he said "I got a problem. Every time I goes to bed, I think there's somebody under it. I'm scared. I think I'm goin crazy."
"Just put yourself in my hands for one year," said the psychiatrist. Come talk to me three times a week and we should be able to get rid of those fears.
"Ow much da ya charge?"
"Eighty dollars per visit" replied the doctor.
"I'll think about it" said the Newfoundlander.
Six months later, the doctor met the Newfie on the street. "Why didn't you ever come to see about those fears you were having?" asked the Dr.
"Well, eighty bucks a visit three times a week for a year is a awful lot of money! A bartender cured me for \$10... I was so happy to have saved all that money, I went and bought me a new pickup!"
"Is that so, & how, may I ask, did a bartender cure you?"
"E told me to cut the legs off me bed! Ain't nobody under there now!"



Provincial Flower: Pitcher Plant

The pitcher plant is found primarily in bogs and marshland throughout the province. It has a large wine-red flower with a red and gold centre, and hollow pitcher-shaped leaves are attached to the base of the stem. An insectivorous plant, it feeds off the insects that become trapped inside when the leaves fill with water. This water is an old fashioned remedy for pink eye.

I'se The B'y

I'se The B'y that builds the boat and
I'se The B'y that sails her and
I'se The B'y that catches the fish and
Brings 'em home to Liza

Chorus:

Hip-yer-partner Sally Tibbo
Hip-yer-partner Sally Brown
Fogo, Twillingate, Morton's Harbour,
All around the circle
Sods and rinds to cover your flake,
Cake and tea for supper
Cod fish in the spring of the year,
Fried in maggoty butter

Chorus

I don't want your maggoty fish
They're no good for winter
Well I can buy as good as that,
Way down in Bonavista!

Chorus

I took Liza to a dance,
As fast as she can travel,
And every step that she could take,
Was up to her knees in gravel

Chorus

Susan White she's outta sight,
Her petticoat wants a border,
Well old Sam Oliver in the dark,
He kissed her in the corner!

Chorus

I'se The B'y that builds the boat and
I'se The B'y that sails her and
I'se The B'y that catches the fish and
Brings 'em home to Liza

Chorus

Harbour LeCou

As I rowed ashore from my schooner close by
A girl on the beach I chanced to espy;
Her hair it was red & her bonnet was blue
And Her place of abode was Harbour LeCou.
O boldly I asked her to walk on the sand
She smiled like an angel & held out her hand
So I buttoned me guernsey & hove way me chew
In the dark rolling waters of Harbour LeCou.
My ship she lay anchored far out on the tide
As I strolled along with the maid at my side
I told her I loved her, she said "I'll be true"
As I winked at the moon over Harbour LeCou.
As we walked on the sands at the close of the day
I thought of my wife who was home in Torbay;
I knew that she'd kill me if she only knew
I was courting a lassie in Harbour LeCou.
As we passed a log cabin that stood on the shore
I met an old comrade I'd sailed with before
He treated me kindly, saying "Jack, how are you?"
It's seldom I see you in Harbour LeCou."
And as I was parting, this maiden in tow
He broke up my party with one single blow,
Saying "Regards to your missus and wee kiddies too
I remember her well, she's from Harbour LeCou."
I looked at this damsel a-standing 'long side
Her jaw it dropped and her mouth opened wide
And then like a she-cat upon me she flew
And I fled from the furies of Harbour LeCou.
Come all you young sailors who walk on the shore
Beware of old comrades you'd sailed with before
Beware of the maiden with the bonnet of blue
And the pretty young damsels of Harbour LeCou.

Newfoundlanders

The moment you lose your faith in people, I recommend you save up your pennies and take a trip to Newfoundland. Meet the Newfoundlanders and your faith will be restored. You will meet total strangers and they will become friends. You will walk in as an unknown soul and come out with buddies who'll stand up for you in any fight. You will hear them laugh at themselves, sing songs and tell tales. They will take life's curves with grace and know that being alive is a whole lot better than being dead. They will treat you for who you are and not put on phony airs. If you need a hand, you get an army. They will take you in, buy you a round, make you part of the family and by the time you leave the Rock, you'll fall in love with the place. You see, Newfoundlanders are Newfoundlanders wherever they go. After all, as John Crosbie once said, you can always tell the Newfoundlanders in Heaven, they're the ones who want to go home!

If Your Faith is Sagging, Hug a Newfoundlander!!!

Rick Bell, Calgary Sun

The Power of a Hug

Hugging is healthy.
It helps the body's immune system.
It cures depression.
It's rejuvenating.
It has no unpleasant side effects.
It is God's miracle drug!
It is all natural, it contains no

chemicals, artificial ingredients,
No pesticides and no preservatives!
Hugging is practically perfect.
There are no parts to break down,
no monthly payments, non-taxable,
non-polluting & of course..... It's
fully returnable!!

Lukey's Boat

Well ole lukey's boat is painted green. ha me boy's.
lukey's boat is painted green.
The prettiest boat that you've ever seen.
A'ha me boys a riddle I day.
A'ha me boys a riddle I day.
Well oh. lukey's boat's got a fine pore cutty.
Ha me boys.
Lukey's boat's got a fine pore cutty. And every seam is chinked with putty.
A'ha me boys a riddle I day. All together.
A'ha me boys a riddle I day.
Well i says lukey the blinds are down. Ha me boys. I says lukey the blinds are down.
Me wife is dead and she's underground. A'ha, me boys a riddle I day A'ha me boys a riddle I day.
Well I says lukey I don't care ha me boys.
I says lukey I don't care. I'll get me another in the spring of the year.

A'ha me boys a riddle I day.
A'ha me boys a riddle I day. ya.
Well ole lukey's rolling out his grub. Ha me boys.
Lukey's rolling out his grub. One split pea.
In a ten pound tub. A'ha me boys a riddle I day.
A'ha me boys a riddle I day.
Lukey's boat's got high topped sails.
Ha me boys. Lukey's boat's got high topped sails.
The sheet was planched with copper nails.
A'ha me boys a riddle I day.
A'ha me boys a riddle I day.
A'ha me boys a riddle I day.
Lukey's boat is painted green. Ha me boys.
Lukey's boat is painted green.
It's the prettiest boat that you've ever seen.
A'ha me boys a riddle I day.
All together a'ha me boys a riddle I day.
A'ha me boys a riddle I day.
One more a'ha me boys a riddle I day.

A little Newfoundland boy

A little Newfoundland boy was sitting on a rock with a gallon of turpentine & shaking it up & watching the bubbles. A little while later a Priest came along & asked the little boy what he had. The little boy replied, "This is the most powerful liquid in the whole world, it's called turpentine!" The Priest said "Oh no, my son, the most powerful liquid in the world is Holy Water. If you take some of this Holy Water & rub it on a pregnant woman's belly she will pass a healthy baby!" The little boy replied, "If you take some of this here turpentine and rub it on a cats behind he'll pass a Harley Davidson!"



Things You Should Know

* Nearest medical facility is the Clinic in the Pharmacy here in the Valley (709-955-2443) or the Dr. Charles L. Legrow Health Center (709-695-2175) in Port-aux-Basques.

* West Coast Veterinary Service, 104 Main St. Stephenville, ph. 709-283-3002

* It is illegal to drive while using a hand-held cell phone in Newfoundland.

* In NL there are four seasons, Moose Season, Rabbit Season, Duck Season & Fishing Season!

* Our average accumulation of snow over the winter months would be around 2 feet. The coldest averages around -10 degrees Celsius (15 to 20 degrees Fahrenheit). An average warmest day would be around 28 degrees Celsius.

* Eat your veggies! Anyone going on the Marine Atlantic Ferry should be sure to eat your "root vegetables" or cook them and put them in your refrigerator. If not they will be taken from you before you go on the Ferry in Port aux Basques.

* Harmonized sales tax is 15% (Exemption: groceries).

* Time Zone: Newfoundland is 30 minutes ahead of Atlantic Standard Time (Maritime Provinces) and 1 1/2 hours ahead of Eastern Standard Time (Toronto & New York).

* The legal minimum age to purchase or consume alcohol in Newfoundland & Labrador is 19.

* Its illegal to drive with a blood alcohol limit exceeding .08 milligrams of alcohol in 100 ml of blood.

* The use of seat belts is mandatory for all drivers and passengers. A child less than 9kg. must be secured in either an infant carrier or a car seat.

*To fill a bottle or a detachable tank with Propane - Home Hardware on Doyles Station Rd, Doyles. Ph. 709-955-2211. To fill your RV with Propane visit Battlefield Equipment on Maple Valley Rd in Corner Brook - Ph: 709-634-2610.

*Stats on the Millville/Searston Gut Bridge - it was engineered/designed by Mabey Bridge Ltd in the UK. The Canadian distributor is Algonquin Bridge Inc of Barry, Ont. Atlantic Bridge Systems Inc. - Eric Snelgrove Owner/president, was the Atlantic Canada agent & on site assembly advisor. This type of bridge is relatively new. There are only 5 of this type in North America. All 5 are here in Atlantic Canada in the following locations, Paradise River, Labrador. Bridgewater, NS. Fredericton NB. Tusket Falls, Yarmouth, NS and here! This one is the longest of the 5 at 500' over a center pier. It weighs over 350 tons, it has over 12,000 bolts, the steel cost approx \$1,700,000.00. Construction

assembly of the steel only + launching time took from Aug. 9th to Sept. 28th (2012)

ATV Touring and ATV/SBS (side by side) Rentals, T'Rail accessibility, hundreds of Kms. of trail system, from old logging roads, to coastal scenes. We cater to individual and group request! pauland ruth@nfsympatico.ca Ph: (709)649-0601 (709)645-2169 - while in the Corner Brook area check out Rugged Edge, 8 Lundrigan Drive or call 709-634-6683 if you are interested in renting an ATV!

* Moose - if you see one on or near the highway, slow down and prepare to stop. Pay attention to warning signs. A sign reading "Caution, moose next 11 kilometers" means moose cross there frequently.

* When Newfoundlanders refer to "fish" they are talking about Cod; any other species are referred to by their names.

* There are no snakes, skunks, porcupines or raccoons in Newfoundland.

* John Cabot discovered Newfoundland in 1497, this was only 5 years after Christopher Columbus had made his famous first voyage. In the 15 & 16 century both the French & British claimed the fishing rights off Newfoundland. French, Portuguese & Spanish all fished around the Island in those early days.

* Berries you need to know about:
Bakeapple - the name comes from the French... baie qu'appelle... meaning "what is that berry called?" It is internationally known as a Cloudberry. It is similar in appearance to a large raspberry, some say it has a distinct honey/apricot-like flavour. They are generally ready for picking around mid August.

Partridgeberry is internationally known as the lingonberry. This relative of the cranberry family is low mat forming evergreen shrub with tiny rounded leaves. The berry is dark red in color, ripens through September's frost and is tart in taste.

Blackberry is also known as the crowsberry, is similar in appearance to a partridgeberry or blueberry. The season usually begins in July and lasts until the first snow.

Wild Blueberry -There are several species of blueberries worldwide of which one, possibly two grow in Newfoundland. The picking season is anywhere from mid-August to late September. Very sweet in taste they are considered far superior to their cultivated cousins.

* **Radio stations: 97.7 FM & 1230 AM**

* **Local Television Stations are NTV-11 and CBC-6**

Bird Sightings

The following is a list of what a visiting Birder to the Codroy Valley saw & recorded between June 8-10, 2013

Common Loon	Herring Gull	Winter Wren	Northern Waterthrush
Northern Gannet	Great Black-backed Gull	Ruby-crowned Kinglet	Mourning Warbler
Double-crested Cormorant	Common Tern	Swainson's Thrush	Common Yellowthroat
Great Blue Heron	Black Guillemot	Hermit Thrush	Wilson's Warbler
Canada Goose	Mourning Dove	American robin	Savannah Sparrow
American Black Duck	Ruby-throated Hummingbird	Gray Catbird	Fox Sparrow
American Wigeon	Hummingbird	Cedar Waxwing	Song Sparrow
Ring-Necked Duck	Hairy Woodpecker	European Starling	Lincoln's Sparrow
Osprey	Northern Flicker	Solitary Vireo	Swamp Sparrow
Bald Eagle	Yellow-bellied Flycatcher	Tennessee Warbler	White-throated Sparrow
Northern Harrier	Alder Flycatcher	Yellow Warbler	Dark-eyed Junco
Sharp-shinned Hawk	Eastern Phoebe	Magnolia Warbler	Bobolink
Northern Goshawk	Tree Swallow	Yellow-rumped Warbler	Common Greckle
Merlin	Bank Swallow	Black-throated Green Warbler	Purple Finch
Spruce Grouse	Barn Swallow	Blackburnian Warbler	Pine Siskin
Piping Plover	Blue Jay	Bay-Breasted Warbler	American Goldfinch
Greater Yellowlegs	American Crow	Blackpoll Warbler	Evening Grosbeak
Spotted Sandpiper	Common Raven	Black-and-white Warbler	House Sparrow
Common Snipe	Black-capped Chickadee	American Redstart	
Ringed-billed Gull	Boreal Chickadee	Ovenbird	

Conversion Information

Metric to imperial measure

When you know:	Multiply by:	To convert to:
Centimeters	0.4	inches
Meters	3.3	feet
Kilometers	0.63	miles
Hectars	2.5	acres
Kilograms	2.2	pounds

Imperial to metric

When you know:	Multiply by:	To convert to:
Inches	2.5	centimeters
Feet	0.3	meters
Miles	1.6	kilometers
Acres	0.4	hectars
Pounds	0.45	kilograms

Laugh a little:

A Newfoundland fisherman was walking along and notices a man drinking from his pond, with his hand.

The Newfoundland man shouts:

"Eh By'e dunt be drinkin out a der pond dar.

Tis like da out-ose!"

(which means: "Don't drink the water..

God knows what might be in it.")

The Mainlander shouts back:

"I'm a tourist from away.

I don't understand your

Newfoundland gibberish.

Can you speak English?

The Newfoundlander

shouts back.

"Use two hands, you'll get more!!!"

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Before You Blow your Breaker

Knowing the AMPS of all the electrical appliances in your RV can help you manage electrical use and prevent the inconvenience of 'WHY DID I BLOW MY BREAKER. This list is the typical appliances used and the average amps required to operate them.

Air Conditioner 15,000 BTU	12.2 amps
Computer & Printer	.07 amps
Curling Iron	.06 amps
Electric Hot Water Heater	12.5 amps
Heating Pad	.05 amps
Freezer	6.4 amps
Iron	10. amps
Microwave Oven	12.5 amps
Radio	.08 amps
Washer/Dryer (2 pc)	16. amps
Refrigerator	7. amps
Electric Frying Pan	10. amps
Battery Charger	6.2 amps
Converter	5.5 amps
Electric Coffee Pot	9.0 amps
Food Processor	6.0 amps
Crock Pot	1.5 amps
Ice Maker	4. amps
Hair Dryer	8. amps
Inverter	16. amps
TV	2. amps
Toaster	8. amps
Vacuum Cleaner	2. amps
VCR	1. amps
Heat Strip/Heat Pump	14 amps

It's worth your time to take an inventory on the AMPS each of your electrical appliance uses. Then you can manage your total usage at one time and this greatly reduces the... WHY DID I LOSE MY POWER?



CODROY VALLEY TRAVELERS GUIDE

OTHER DAY TRIPS from page 8

Soon you will be able to view **The Red Island Art Gallery**, this is the first original French settlement and is now owned by Abbott & Halburton. Take notice of the French School, Radio center, Museum, Offices & Church. The gallery is a stop you won't want to miss. You may want to gas up in Mainland. In Lourdes keep a look out for **Our Lady of**

Lourdes Grotto, another interesting stop. Sylvia & Gail will be happy to show you around! West Bay was actually set up as a recreation place for the USA residents during their stay in Stephenville. By this time you are probably getting a little peckish, well **Oliver's Restaurant** in Piccadilly is the place to stop. Marlene will take care of you & be sure you don't go away hungry! Also in Piccadilly stop by **Parkview**

Variety for your "One Stop Shop" including Gas. Say hello to Alban & Regina, while there inquire about the nearby **Folded Rocks**

This is just a taste of what you would find while spending a day exploring the Port au Port Peninsula and area. Be sure to allow time to arrive back to **Grand Codroy RV/tent Camping Park** before dusk - sit back, relax and enjoy another beautiful evening embraced by the warmth of a glowing campfire!



GRAND CODROY RV/TENT CAMPING PARK WALKING TRAIL

Degree of difficulty: Easy
*****Approximately 1 km**
 Some of the different species of birds you may see are: Yellow-Rumped Warbler, American Red Brested Robin, Savannah Sparrow, White Throated Sparrow, Pine Siskin, Ruffed Brouse, Grey Jay, Black & White Warbler. Some of the different species of plants that you will see are: Golden Rod, Raspberry Bushes, Blue Flag Iris, Common Butter Cup, Musk Mallow, Bunchberry and many kinds of Mosses...

From the Guestbook in the Campground!
 As soon as I entered the walking trail, I was enveloped in silence, profound silence. It was then that I realized that the experience was what I've been looking for all my life....complete silence and an aloneness that was just me...The Earth and my God. I found it on a little walking trail in the Codroy Valley in the Grand Codroy RV/tent Camping Park! Thank you....I shall never forget it.

B. Pomeroy USA

COASTANGS TRAIL

Degree of difficulty: Light *****Approximately 5.5km.**
 A moderate 5.5km hike along the coastline with trailheads at both Searston & St. Andrew's with parking & directional signage. Featuring a stunning backdrop of the Long Range Mountains,

unique geology, old groth forest and open terrain. Named after a prominent rock outcrop at the trailhead in Searston, the trail guides hikers

along a spectacular section of coastline. With several lookout points including Barents Head, Nor'West Cove & Larkin Point.

STARLITE TRAIL

Degree of difficulty: Moderate
*****Approximately 1.8km**
 Trail runs up to the top of the Long Range Mountains with several lookout and picnic stops along the way. There is also a trail that branches off around the side of the mountain to Campbell's Brook. Excellent view of the Codroy Valley. Some of the different species of birds that you will see are: Beware of the nesting Goshawks, they have been known to attack...best to carry a stick! Yellow Throated Warbler, Black Throated Green Warbler, Yellow Rumped Warbler, American Red Start, Blue Jay, Bald Eagle, American Red Brested Robin, Savannah Sparrow, White Throated Sparrow. Some of the different species of plants that you will see are: Blue Flag Iris, Common Buttercup, Bunchberry, Cow Parsnip, Rough Stemmed Golden Rod, Pearly Everlasting, Raspberry Bushes and Many different trees & shrubs.

BROOM'S BROOK ROAD

Degree of difficulty: Moderate (some small brooks to cross)
*****Approximately 2.45km**
 Different species of birds that you will see are: Common Yellow Throath, Black Throated Grey Warbler, Yellow-rumped Warbler, American Red Start, Hairy Woodpecker,

American Red Brested Robin, Savannah Sparrow, White Throated Sparrow, Cedar Waxwing, Pine Siskin, Ruffed Grouse, Ruby-Throated Humming Bird, Tree Swallow, Grey Jay, Northern Wheatear, Black & White Warbler. Some of the different species of plants that you will see are: Golden Rod, Raspberr bushes, Foxglove, Garden Forget Me Not, Blue Flag Iris, Sheep Sorrel, Common Butter cup, Canadian Burnet, Musk Mallow, Common St. Johns Wort, Bunchberry, Cow Parsnip

CODROY VALLEY INTERNATIONAL WETLAND TRAIL

Degree of difficulty: Light
*****Approximately 3.43km return**
 Home to one of Canada's most prolific sites for migratory waterfowl. Trail runs along the banks of the Grand Codroy River. A bird watcher's paradise with sea birds and song birds of every description, from humming birds to Great Blue Herons. Trail is well marked and has rest areas.

SARG. CRAIG GILLAM-MARK ROCK TRAIL

Degree of difficulty: Moderate.
*****Approximately 3km.**
 Will take you to the top of the mountain. This trail begins just west of South Branch off Route 1 -TCH.

THE GORGE

Degree of difficulty - Difficult
*****Approximately 8 km**
 Takes you along a well marked trail up South Branch River. Scenery is outstanding! (Make it a day, pack a lunch) and it would require a Guide.

GRAND BAY WEST TRAIL

Degree of difficulty: Light. Approximately 5.44km
 Enter on Kyle Lane or Taverner Dr....Stroll along the boardwalk overlooking the ocean and take a breath of the fresh air and taste the salt water; a moment that will captivate you. Pack a lunch and enjoy the beautiful sandy beaches, just minutes from the Town of Port aux Basques!

HARVEY TRAIL (ISLE AUX MORTS)

Degree of difficulty: Moderate -
*****Approximately 4.25km.**
 Interpretation panels along the trail tell stories of shipwrecks, heroic rescues, Ann & George Harvey and Newfoundland dogs. There is a mural at the end of the trail and a gazebo on the high point. You can make a loop from the Hariman Safe Haven Cafe.

BARACHOIS FALLS TRAIL

Degree of difficulty: Moderate -
*****Approximately 1 km.**
 This trail is made of some gravel & a lot of boardwalk. Beautiful trail that leads you to a fantastic view of the Falls with a nice resting spot that has a picnic table where you can sit & enjoy your picnic! View lots of Pitcher Plants along the way.

ROSE BLANCHE TRAIL

Degree of difficulty: Moderate.
*****Approximately 4 to 5 hour walk.**
 This trail is a combination of historic footpaths and community roads .Walk includes the community, and a trip to the lighthouse. The trail offers lookout points, views of fiords, the ocean and the village. Some steep hills.

For some suggestions for good NL hiking trails go to www.artandcarol.ca

Attitude

A famous writer was in his study. He picked up his pen and began writing "Last year, my gall bladder was removed. I was stuck in bed due to this surgery for a long time. The same year I reached the age of 60 and had to give up my favourite job. I had spent 30 years of my life with this publishing company. The same year I experienced the death of my father. In the same year my son failed in his medical exam because he had a car accident. He had to stay in the hospital with a cast on his leg for several days. And, the destruction of the car was a second loss" His concluding statement: "Alas! It was such a bad year!"

When the writers's wife entered the room, she found her husband looking dejected, sad and lost in his thoughts. She carefully and surreptitiously read what he had written and silently left the room and came

back shortly with another piece of paper on which she had written her summary of the year's events and placed it beside her husband's paper.

When her husband saw that she had written something in response to his account of the year's events, he read::

"Last year I finally got rid of my gallbladder which had given me many years of pain. I turned 60 with sound health & retired from my job. Now I can utilize my time to write better & with more focus & peace. The same year my father, at the age of 95 without depending on anyone & without any critical conditions, met his Creator. The same year, God blessed my son with life. My car was destroyed, but my son was alive & without permanent disability. " At the end she wrote: "This year was an immense blessing & it passed well!!!!"

Moral

In our daily lives we must see that it's not happiness that makes us grateful, but gratefulness that makes us happy!

Attitude is everything & attitude is the one thing that we always, in every circumstance, have control over.

Distance Chart

CV= Codroy Vally (Park)
CR= Cape Ray
PAB= Port Aux Basques
Mrg= Margaree
IAM = Isle Aux Morts

BI= Burnt Island
RB= Rose Blanche
SB= South Branch
CA= Cape Anguille
All Distances Measured in KMS

	CV	CR	PAB	Mrg	IAM	BI	RB	SB	CA
CV		19	34	47	50	58	75	21	20
CR	19		15	28	31	39	56	40	39
PAB	34	15		13	16	24	41	55	54
Mrg	47	28	13		9	17	34	68	67
IAM	50	31	16	9		8	25	71	70
BI	58	39	24	17	8		17	79	78
RB	75	56	41	34	25	17		96	95
SB	21	40	55	68	71	79	96		41
CA	20	39	54	67	70	78	95	41	

Distances from the Codroy Valley to:

St. John's 871 klms Deer Lake 234 klms
 Gander 534 klms Stephenville 132 klms



Another Day Trip

by Alice Keeping

Take the Trans Canada Highway (Route 1) west from Doyles and visit Cape Ray, Port aux Basques, (Home of the Astrolabe), Margaree, Fox Roost (Red Fox), Isle aux Morts (Isle of the Dead), Rose Blanche (White Rock), and Harbour LeCou (made famous in a Newfoundland song). Along the TCH take particular notice of the Hanging Valleys, Wreckhouse & the Horizontal Wave Forest all of which you will see between Route 406 & 408.

HANGING VALLEYS

Hanging valleys are often associated with valley glaciers, joining the main valley along its sides.

They are the product of different rates of erosion between the main valley and the valleys that enter it along its sides. The floors of the tributary valleys are eroded and deepened at a slower rate than the floor of the main valley, so the difference between the depths of the two steadily increases over time. The tributaries are left high above the main valley, hanging on the edges, their rivers and streams entering the main valley by either a series of small waterfalls or a single impressive fall. Take notice of the amazing effects of time and the spectacular glacial carvings such as the hanging valleys, which have been present in the area for tens of thousands of years and are a common feature of the awesome Long Range Mountains. Where the road crosses the little Codroy River, south of Tompkins, stop and look southeast towards the mountain front. You are facing directly at one of the hanging valleys - the u-shaped 'V' and the lip, which has a small notch eroded by the brook. There are several more hanging valleys to the north and south. These Mountains are 10 thousand years older than the Rockies; they are part of the Appalachain Chain. **Table Mountain** stands at an altitude of 1700 feet and is easy to identify by its flat top. In 1942 during WWII the 821st Wire & Signal Maintenance Company erected & operated seven United States Telephone and repeater stations across the Province. Table Mountain was the site of one of these operations.

WRECKHOUSE

Winds in excess of 200 km per hour have been recorded (on rare occasions) in this area. The name Wreckhouse came about because of these high winds and their ability to blow trains off the tracks. A gentleman by the name of Lochie MacDougall (1896-1965), the human wind gauge, was engaged by the Reid Newfoundland Railway (later renamed the Canadian National Railway in 1949 - the year that Newfoundland joined Confederation) to telephone railway officials about impending dangers due to wind conditions. On one such occasion when his advice was not taken seriously, twenty two rail cars were completely blown off the tracks. Although not formally educated, Mr. McDougall, being quick of mind and wit, instantly took advantage of this incident, claiming he could actually sniff the wind.

Consequently, gaining the title of Gale Sniffer Extraordinaire to the Newfoundland Railway. Lochie & his wife Emily raised a family of 12 children here and made a living off farming and trapping.

HORIZONTAL WAVE FOREST

(located just east of Route 408 exit)

Strange wind patterns have caused the hillside to have a wavy appearance, looking as if some areas have no trees while other areas have an abundance.

Cape Ray (Route 408) is the site of the Dorset Paleo Eskimo hunting camp. It is also the location where the Newfoundland end of the first submarine cable landed in 1856 to link Newfoundland to the remainder of North America. To gain knowledge on all the activity in Cape Ray in recent years look up information on the **Maritime Atlantic Link Project**. The Maritime Atlantic Link will allow Nova Scotia to import hydro electricity from the Muskrat Falls generating station in Labrador, which is being developed by Nalcor Energy as part of the Lower Churchill Project. View the **Cape Ray Lighthouse** as you admire the beautiful Sandy Beach that extends for miles right on down to Grand Bay. Cape Ray is bordered by Table Mountain (1700 feet) which is accessible by a trail for budding mountaineers and photographers.

Port Aux Basques a natural deep water port and ice free harbor that faces the Gulf of St Lawrence, has been welcoming visitors for 500 years. From the Basques fishermen in the 1500's who found the ice-free harbor a safe haven, to ferry passengers who commenced arriving on the "Bruce" steamship in 1898 to take the railway across the island. 1998 was the 100th anniversary of the first trans-island train and ferry service connecting Newfoundland and Canada. At the **Heritage Train Site** the railway station has been restored as an interpretation centre/craft shop and an original train (the Newfie Bullet) stands alongside. This Town offers modernized facilities providing shopping, business, educational, health care, recreational and the very important Ferry Service to the Mainland of Canada. Visit **Port Side Restaurant** in Hotel Port aux Basques to treat yourself to a delicious meal from their full menu... including Traditional Newfoundland dishes as well as dishes prepared with wild game such as moose & bear - inquire about their 'Sensory Room.' **Alma's Family Restaurant** in the Grand Bay Mall offers a hungry traveler a large selection of delicious home-cooked meals to choose from. Enjoy a taste of NL... **Harbour Restaurant/1 Ton Pub & Grill** offers a perfect view of Port aux Basques Harbour, you can watch the ferry come or go while you enjoy

your meal!.. **The Captain's Dining Room** located in the St. Christopher's Hotel - offers daily specials, home-cooked Newfoundland dishes, as well as a fine selection of fresh seafood! These as well as many other eateries will provide you with lots of choices to fill your bellies!

Just outside Port aux Basques on **Route 470** continue your scenic drive and drop in to **Margaree/Fox Roost** This small community is rich in warmth and friendliness. Margaree is home to the **Seashore Restaurant**, opened in 1975 by Gabe Billard, (original Fishplant owner) Say hello to the owner & operator, Pauline or call 698-3751. Sunday Brunch served 10 - 1:30 pm with regular menu also available at this time, local seafood, seafood chowder chicken, burgers, salads, pasta, 8:30. A full menu a family can enjoy in a warm friendly atmosphere, homemade desserts & daily specials!! Open Sunday 10:30-8pm and Monday to Saturday 1pm -8pm.

Enjoy an experience of a lifetime with Captain Chris of **Margaree Outfitters** ... book now, cod & shark fishing season starts July 1st. You can go out cod jigging, catch your quota of 5 fish, come in have them cleaned, fillet & ready for the pan! Or you could book to go Shark Fishing (catch & release) or you may like to go on a scenic boat tour to a resettled community... call Chris for all the particulars at 709-695-6764. Whatever you decide you will certainly make lasting memories!

Isle aux Morts (Isle of the Dead) The home of the heroic Newfoundlander, Mr. George Harvey, who with the help of his daughter Ann and their NL Dog, Hairymen, rescued some 160 men, women and children from the ill-fated brig Dispatch in 1828. The Harvey Trail, at the end of Cemetery Road, is one of the most popular hikes in the area. On May 30, 1983 the province declared the area where the **Mushrow Astrolabes** was found an historic site. The Mushrow Astrolabes are rare navigational instruments. There are only 33 in the world and 4 in Canada. Two were found here in Isle aux Morts. These Astrolabes are dated 1617 and 1628 and were made in Portugal. The other rare part about this story is that they were both found on different dives, different years, different shipwrecks, by the same scuba diver, Wayne Mushrow, off the South Coast near Isle aux Morts. A stop at the **Hairman Safe Haven Cafe & Craft Shop** will be a delightful stop & reward you with the opportunity to enjoy a traditional NL meal with tasty homemade desserts - Phone 709-698-3032 - call ahead to be sure they are open if you are hungry;) **Burnt Islands** Like most out port communities Burnt Islands depends on the fishing industry for its livelihood. The people in the community are steeped in Newfoundland tradition, and are accustomed to making visitors feel welcome. **Hook & Line Interpretation Centre**, visit the Coffe Shop & enjoy a snack or a meal, view the fine selection of local crafts, and learn

about the areas' history and fishing culture. If you are lucky you may have the opportunity to talk with some local fishermen as they prepare their gear!

Rose Blanche (White Rock) Like most Newfoundland out ports Rose Blanche is one of many tiny fishing towns - but this tiny town is serene in that it is surrounded by rocky terrain that adds to its splendor. The very narrow winding streets through the Town also makes this area quaint & extremely picturesque! The main tourist attraction is the **Old Stone Lighthouse** that is located on what is lovingly referred to as *The Neck!* No other structure remains from the earliest days of this community's history but the Lighthouse. Built 1871-73 from a nearby granite quarry, this lighthouse stands as a proud sentinel of our shores. D&T Stevenson, lighthouse engineers from Edinburgh, Scotland, designed the original lighting apparatus. This is the family of noted author Robert Louis Stevenson.

Diamond Cove A small community located on the outskirts of Rose Blanche. The community got its name from the surrounding white cliffs that were thought to contain diamonds. Diamond Cove still in its natural beauty is a delight for artists and camera buffs.

Harbour Le Cou - was named by the French, meaning *neck of the harbour*. This scenic community is nestled between the surrounding mountains located along the shoreline of Newfoundland. Often during the summer, yachts use the harbour as a haven against high winds and rough seas.

A **Costal Passanger Ferry** travels to the isolated communitie of LaPoile on the South Coast. This ferry leaves Rose Blanche at 4pm every day. It leaves LaPoile Monday to Saturday at 8 am, except for Sunday it leaves at 10am. This ferry is aprox 1:30 hrs. to 1:45 hrs. long. This ferry is not equipped to carry passanger vehicles. There are some accommodations in LaPoile. Or take **Route 480** the Caribou Trail to Burgeo and then take the Ferry to visit Ramea and back to our Campground.

OTHER DAY TRIPS

...that you can take from our Campground are to leave in the morning and enjoy a day visiting Route 405, 404, 403, 461. Continue on to Route 490, be sure to visit the **K'Taqamkuk Mi'kmaw Museum** in St. Georges, this will prove to be a very interesting stop. Routes 460 that will take you through the beautiful **Town of Stephenville**, once known as the "Acadian Village". From 1848 - 1870 Stephenville was called Indian Head. During WWII the US established the Ernest Harmon Air Force Base just outside the town. Yet today you will find many streets that have names such as New Mexico Drive, Carolina Ave, etc. Stephenville has a population of approximately 8,000 and is the main service center for the entire region. **Hartery's Family**

Restaurant on Main Street will serve you up a delicious home cooked meal in a nice friendly athmosphere - on Thursday you could try a traditional Newfoundland Jiggs Dinner! Another great stop to satisfy your appetite is **Islander's At the Airport** 9am-6pm every day except closed on Monday. Jiggs Dinner on Sunday. To inquire about their daily special refer to their website or call 709-643-6314 **Route 460, the French Ancestor's Route**, travels along the Port au Port Peninsula which offers a number of nice trails that cater to different skill levels. **The Gravels Walking Trail** is one which is a 4 km easy walk and it takes you along the rocky shoreline of Port au Port Bay. The scenery is spectacular! One of the first stops in Port au Port you can visit **Secret Cove Brewery** owned/operated by Jason & Sheila, enjoy their brew & many stories about their business.... ask about their tap handles (tell them Alice told you to ask;) They are now offering a small but rotating fresh menu of food Thursday - Saturday from 4-8pm.

As you continue along the French Ancestor's Route you won't want to miss **Our Lady of Mercy Historic Church**, the largest wooden structure in NL. Construction began in 1914 and it was consecrated in 1925. Adjacent to the church is Our Lady Of Mercy Museum, Gift Shop & Tea Room. **The Pine Tree USAAF Radar Station** can be seen from the Church. At Lower Cove you will notice the Limestone & Dolomite Quarry. Ships come in this deep sea port where they are loaded by conveyer belt. This quarry has an inexhaustible supply! At Sheaves Cove take a short side road to the shore and enjoy the breathtaking view of **Hidden Falls**, if you have taken a lunch this is a nice place to sit and enjoy. If you are lucky you may get to chat with Robert the fisherman!

Cape St George, Mainland & Black Duck Brook are the three "French" Communities. **Cape St. George** has a French School with Grades K-8 and a French Center. Right across the street is the English School. Be sure to Drop by to visit the new War Memorial Site & pay tribute to those that served &/or lost their lives for our Country. **Ozzies General Store, Post Office & Museum** can also prove to be an interesting stop.

At Grand Jardin Cove you will notice some newly erected "Story Boards" that will give you a better idea of some of the history of the area. A stop at Boutte du Cap to view the **Bread Ovens** and read the "story boards" will give you a refreshing stroll & more history - be sure to bring your camera! As you continue on Route 463 to Mainland keep an eye open for the "story boards" telling you of a USAAF crash site. As you drive along take note of the Limestone Barrens, the same as you will see in parts of Gros Morne National Park.

In Mainland you will find The Cultural Heritage Center/Tea by the Sea as well as the Old School House Museum.



Codroy Valley Birding Hotspots

GPS Coordinates & Bird Lists (All kilometers are from the Wetlands Building)

The map displays the locations of Birding Hotspots in the Codroy Valley area. Below are lists of birds often seen at these hotspots as well as the GPS coordinates and distance from the Wetland Interpretation Centre. The Centre has information and displays on the Wetlands including local information on the Codroy Valley Area. The Grand Codroy Estuary is a Wetlands of International Importance under the Ramsar Convention. An Important Bird Area with high concentrations and a large variety of waterfowl species over 925 hectares. The Codroy Valley is a birder's paradise and tops the list for rare and unusual birds. See species here that are uncommon in or absent from the rest of the province.

Facebook Page: [Codroy Valley – Valley of the Birds Wetland Interpretation Centre](#): 955-2115

A) Cape Anguille Lighthouse

Route 406, 17.1 km, N 47°54.024, W 059°24.682

Birds found in this area: Gulls*, Killdeer, Great Blue Heron, Common Loon, Northern Gannet, Savannah Sparrow, Fox Sparrow, Swamp Sparrow, Double-crested Cormorant, Greater Cormorant

B) Brooms Brook (Also known as Warbler Alley)

Route 406, 3.5 km, N 47°51.387, W 059°38.031

Birds found in this area: Warblers (Blackburnian, Blackpoll, Yellow-rumped, Northern Parula, Black and White, Cape May, Black-throated Green, Magnolia, Mourning, Northern Waterthrush, American Redstart) Purple Finch, Tree-Swallow, Dark-eyed Junco, White-throated Sparrow, Savannah Sparrow, Belted Kingfisher, Golden-crowned Kinglet, Yellow-bellied Flycatcher, Black-capped & Boreal Chickadee

C) Searston Beach, Codroy Valley Provincial Park

Route 407, 8 km, N 47°50.073, W 059°20.239

Birds found in this area: Spotted Sandpiper, Piping Plover, Ruddy Turnstone, Greater Yellow Legs, Osprey, Great Blue Heron, Common Loon, Common Tern, Gulls*, Semipalmated Plover, Red-breasted and Common Mergansers

D) Loch Lomond Pond

Route 407, 4.9 km, N 47°48.236, W 059°15.731

Birds found in this area: Bank, Tree, & Barn Swallows, Ducks*, Common Merganser, American Bittern, Pied-bill Grebe, Cedar Waxwings

E) Ryan's Brook

Route 406, 3.3 km, N 47°51.537, W 059°13.727

Birds found in this area: Hairy Woodpecker, Savannah Sparrow, Blue Jay, Common Grackle, Purple Finch, Yellow Warbler, Black Capped Chickadees, Cedar Waxwing, Common Merganser

F) Wetlands Trail

Route 406, 1.2 km

N 47°50.620 (start of first part), W 59°14.922

N 47°50.521 (Start of second part), W 059°14.359

Birds found in this area: Ducks*, Black Capped Chickadee, Savannah Sparrow, American Starling, Common Grackle, Cedar Waxwing, White-throated Sparrow, Yellow-rumped Warbler, Yellow Warbler, Magnolia Warbler, Black-throated Green Warbler

G) Norwest Cove

Route 407 Off St. Andrews Airstrip Road, 19.5 km

N 47°46.354, W 059°19.326

Birds found in this area: Bank Swallows, Gulls*, Guillemot, Greater Cormorant, Double-Crested Cormorant, American Woodcock near the airstrip

H) Grand Codroy RV Camping

Route 406, 4.2 km

N 47°50.012 (Entrance), N 47°50.207 (beginning of trail in park), W 059°12.272, W 059°12.188

Birds found in this area: Ducks*, Common Merganser, Song Sparrow, White-throated Sparrow, American Redstart, Yellow-rumped Warbler, Black-capped and Boreal Chickadees

I) Starlite Trail

Route 407, 10 km, N 47°46.929 (start), W 059°13.946

Birds found in this area: Warblers (Blackburnian, Yellow, Magnolia, Black and White, Blackpoll, Black-throated Green, American Redstart) Bald Eagle, Rose Breasted Grosbeak, Northern Goshawk, Chimney Swift, Downy Woodpecker, Veery, Swainson's Thrush, White-throated Sparrow

J) Little River Gut, St. Andrews

Route 407, 16.2 km, N 47°45.998, W 059°18.772

Birds found in this area: Bank Swallows, Gulls*, Ducks*, Greater Yellow Legs, Great Blue Heron, Common Merganser, Savannah Sparrow, Song Sparrow

K) Widgeons Pond

Route 406 (Turn off on dirt road by Cormier Country Ltd.), 1 km, N 47°50.615, W 059°14.242

Birds found in this area: Ducks*, American Goldfinch, Savannah Sparrow, Song Sparrow

Noteable

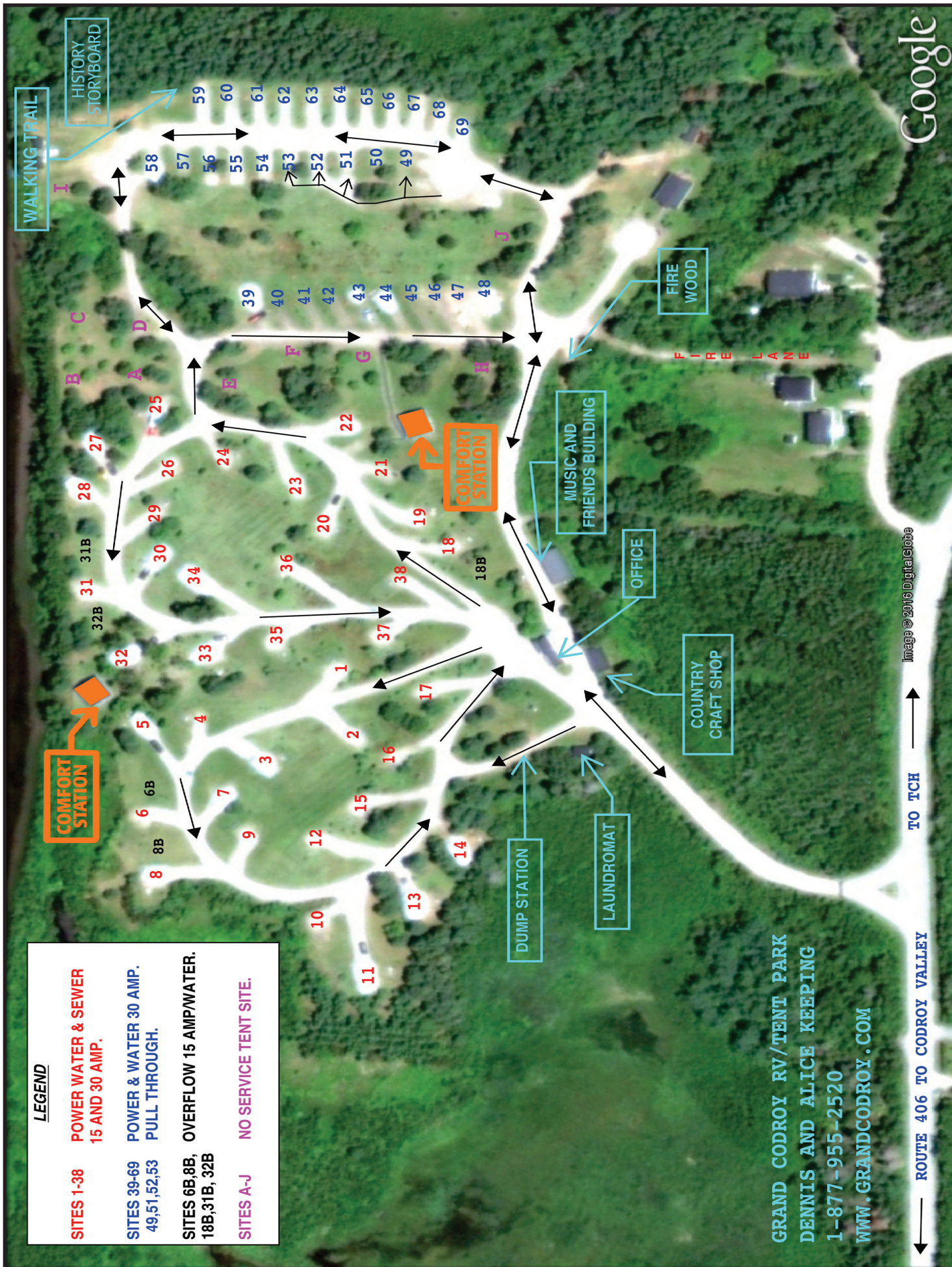
* Gulls commonly seen at all these sites are:
Great Black-backed, Herring, Ring-bill

+ Ducks which might be seen at any of these sites are:
American Wigeon, American Black, Green-winged Teal, Mallard, Ring-necked, Pintail, Shoveler

The Ruby throated humming bird is common in areas where bird feeders are provided.

Codroy Valley Birding Hotspots – GPS Coordinate Map





CODROY VALLEY TRAVELERS GUIDE

The Grand Codroy RV/Tent Camping Park

By Tim Robbins

As I pulled up to the Rock, what a sight to behold,
When God made this place, He sure broke the mold,
I sees the Table Mountains for me first glimps of bliss,
And I says to meself, "They don't make em like this",

So I drives up the road looking for a quick home,
On me crazy adventure with my need to roam,
"Grand Codroy Campground" says there on the sign,
Just got off the ferry and I needs to unwind.

Well it's quickly apparent how nice this place be,
"I'll pitch a quick tent then tomorrow we'll see..."
Then the rains came a'rainin' and me stuff got all wet
"If I asks they'd let me stay another night I bet",

Twas after I abandoned me poor soaking place,
That I meets these wonderful people,
Jason, Dennis & Alice,
And Arlene in the Gift shop
as I spies through the door,
Made a bit of a mess so I sweeps up the floor.

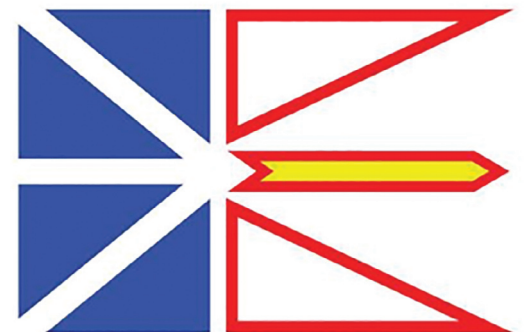
After stickerin' my guitar & a great night of fun,
I thought to myself "My time here is done"
So I packs up me car, but on the inside I'm torn,
"Do I hit up St. John's, Deer Lake or Gros Morne?"

But here on the Rock, it's not about where you be,
It's the people, the culture & traditions you see,
You'll never be lost & you'll always get through,
No matter where you be, or where you be to!

With a couple days left, I plans me new track,
And sure in me heart, I knew I'd be back,
So sad on the inside, but a smile on me face,
I will never forget me short time in this place.

And to Dennis, Alice, Jason & Arlene
This here campground be the best that I've been,
And to all who be here & those on their way.....
I shan't have to say itbut enjoy your stay!

The Newfoundland Flag consist of four main color they are White, blue, red and gold.



White represents the snow and ice.
Blue represents the sea.
Red represents human effort.
Gold is our confidence in ourselves.

Important Phone Numbers

Grand Codroy RV/ Tent Camping Park
709-955-2520 or 1-877-955-2520

Police 709-695-2149

Ambulance 709-695-2405

Hospital 709-695-4555

Health Line 811

Marine Atlantic 1-800-341-7981

Labrador Ferry Information...

1-800-563-6353

or 1-866-535-2567

Budget Car Rentals, Stephenville 709- 643-5913

Doyles Clinic 709-955-2443

Humber Valley Veterinary Clinic, 709-634-3537

25 Poplar Road, Corner Brook A2H 4B5

Animal Health Center, 709-639-7051

13 Commercial St. Corner Brook A2H 7KB

COMMUNITY ACCESS CENTRE & CODROY VALLEY PUBLIC LIBRARY

in Belanger Memorial School, Upper Ferry

955-3158

HOURS OF OPERATION

Saturday & Sunday - Closed

Monday to Friday 5:30 am - 8:30 pm

SCHEDULE of EVENTS

CANADA DAY CELEBRATIONS

July 1st at the Fire Hall in Codroy starting at dusk 10 -10:30.

Also at the Port aux Basques Bruce 11 Sports Center & Scotts Cove Park.

42ND CODROY VALLEY FOLK FESTIVAL

July 29th-30th

One of the longest-running festivals on the island taking place since 1982.

Featuring traditional and folk music. For more info e-mail chanmac5@hotmail.com

CODROY VALLEY COME HOME YEAR 2023

Nightly entertainment...

August 1st -

DJ Buddy MacNewf

Bank Machines

The Leadline Edge

Credit Union

Codroy Valley/

Port aux Basques

Mountainside Store

Codroy Valley

Gillis Brothers

Codroy Valley

Valley Pharmacy

Codroy Valley

Irving Mainway

Port Aux Basques

Bank of Montreal

Port Aux Basques

Bank of Nova Scotia

Main Street Port aux Basques

A Smile

A smile is costless & produces a lot. It enriches those who believe in it. It lasts only a moment but its recollection is eternal.

It is a support in business. It is a sign of true friendship. It can't be bought.

It can't be loaned or stolen.

It has Value only when you use it. If you meet someone who doesn't give you the smile you deserve, be generous, give yours!

There is no size to a smile. One size fits all.

"Codroy Valley - Things to Do!"

St Ann's Parish Hall, Upper Ferry
Sunday: Bingo - 2:30 pm

South Branch Social Center - Entertainment every Sunday afternoon 3-6 pm:

June 18....Gordon Cormier

June 25...Gordon Cormier

July 2....First Impression

July 9..... First Impression

July 16....Gordon Cormier

July 23...Gordon Cormier

July 30 ...First Impression

August 6....First Impression

August 13....Gordon Cormier

August 20.....Gordon Cormier

August 27....First Impression

Sept.3....First Impression

Mountainview Club, St. Andrews

Wednesday:

Local Entertainment for the months of July & August:

9:30 pm

Thursday:

Cards (45's)

7:30 pm

Friday: Bingo - 7:30 pm

The Legend of the Newfoundland Tartan

Green... of pine clad hills.

Gold... of the sun rays.

White... of the cloak of winter's stern command.

Brown... of the Iron Isle.

Red... of the Royal standard for which our Fathers stood.

Codroy Valley Communities & Family Names

B	R	E	U	J	Y	E	L	L	A	V	Y	O	R	D	O	C	S
N	B	E	N	O	I	T	S	S	I	D	I	N	G	Y	M	O	K
I	F	B	V	U	X	Y	E	N	W	O	D	D	E	V	O	E	S
C	E	L	L	I	V	D	O	O	W	F	H	K	I	G	E	I	P
O	A	O	N	S	R	T	O	M	P	K	I	N	S	P	P	Y	E
E	Y	E	O	D	O	Y	L	E	S	Y	E	W	I	O	S	R	T
L	O	L	T	N	A	E	O	S	P	O	E	N	E	H	I	R	E
L	E	L	S	A	L	B	A	R	O	R	G	K	J	C	T	E	T
I	T	I	R	L	O	A	Y	E	D	D	O	R	L	N	Y	F	A
U	A	V	A	K	I	A	G	N	E	O	S	T	O	A	B	R	C
G	A	L	E	C	N	E	A	I	R	C	C	O	C	R	O	E	T
N	F	L	S	A	O	T	O	B	A	T	I	E	H	B	A	P	S
A	N	I	O	B	S	A	L	S	L	A	E	L	L	H	T	P	E
E	C	M	O	U	S	A	I	E	S	E	T	N	O	T	A	U	P
P	O	A	T	O	O	L	T	O	E	R	O	A	M	U	T	E	R
A	N	G	U	C	L	A	S	N	A	G	E	R	O	O	E	I	G
C	O	R	M	I	E	R	S	R	I	V	E	R	N	S	A	T	L
D	O	O	G	T	A	S	Y	O	R	D	O	C	D	S	Y	A	B

WORDS TO FIND:

Backlands
Benoits Siding
Cape Anguille
Codroy
CoalBrook
Millville

Codroy Valley
Cormiers
Ryan
Devoes
Downey
Doyles

Keeping
Gale
Gillis
Great Codroy
Loch Lomond
O'Regan's

Searston
South Branch
St.Andrews
Tompkins
Upper Ferry
Woodville
Little Codroy River



St. Ann's R.C. Parish Mass Schedule

Contact number: 955-2250

St. Andrew's Sat. 4:00 p.m.

South Branch Sat. 6:00 p.m.

Upper Ferry Sun. 10:30 a.m.

Port aux Basques Sun. 1:30 p.m.

Port aux Basques mass held at Wesley United Church

Holy Trinity Anglican Church

Worship Services

For more information call
955-2672 or 3398 or 2017.





4

Codroy Valley Day Trip

You will see the **Fish Plant** in Codroy, however, to purchase different species of fish contact The Codroy Seafoods Inc which is now operating a fish market & cold storage in Port aux Basques - to inquire as to what they have for sale & the actual location contact 709-694-2962. If your hair needs some attention call **The Total Look** & chat with Maxine at 709-955-2017".....Continue on up to the end of the pavement on Route 406 & you will arrive at the **Scenic View Restaurant** open Wednesday to Sunday 12-8pm. Closed Monday & Tuesday... be sure to bring cash as they are unable to take CC or Debit (No internet), however, your meal will be delicious! For more info call 709-955-3260.

When you back track back to Millville & take Route 407 you will arrive at Grand Codroy Provincial Park which is a beautiful Natural Attraction for DAY USE ONLY. Enjoy a leisurely walk on the beach on either the sandy River side or the Ocean side. Please be considerate of the nesting endangered species the Piping Plovers & walk near the waters edge & keep your dog on a leash. This area is locally referred to as The Gut (refer to P.10 in Things you should know for Stats on this bridge). This Route will take in the communities of **Searston**, **Lock Lomond**, **St. Andrews**, and **Tompkins**. **Searston** was originally know as the Gut and was established at the mouth of the Codroy River by 1907. It had become the Parish center of the area and the settlement was renamed in honor of the priest Monsignor Thomas

Sears. Father Sears had arrived there in 1868 and built a Roman Catholic Church and roads to neighboring communities. If you need any Automotive repair, Sheldon will take care of you at **Braggs Auto** 955-694-2377! **Lock Lomond** (originally known as Lock Dale) takes its name from a small lake nearby, which, in turn, reflects the Scottish background of early settlers from Cape Breton. In the 1950's agriculture was booming, but with the increased competition from larger Canadian farms in the 60's & 70's commercial farming decreased drastically. **St. Andrews** is located on the banks of the Little Codroy estuary. This community was originally known as Little River but was later named after Msgr. Andrew Sears who was responsible for the construction of **The Precious Blood RC Church** which is also an historic site. Built in 1912, this timber frame church was built by local people. The doors are always open for you to visit & admire the architecture &/or have some private spiritual time.

The style of the building is a vernacular interpretation of the Romanesque, with arched windows and keystone motifs on the main level, which are repeated in the clerestory. The front of the building has twin towers and the grounds feature a separate bell tower structure. The bell house was built in

September 1940, and contains a bell which is over 100 years old. **Murrays Beach** is a beautiful place to spend an afternoon on a lovely sandy beach, bring your bathing suit & a picnic!

The Mountainview Club offers Wednesday night entertainment with local talent supplying the music. Come along and have a "scuff!" Bring your musical instrument and join in. **St. Andrews Na Creige 9-Hole Golf Course**, par 35, from the top of the course the tourist has a spectacular view of the Long Range Mountains and the Little Codroy River. This is a breathtaking view that has to be seen and experienced to be fully appreciated. Justine at **Happy Toes** invites you to visit her for some TLC!! Enjoy a manicure or pedicure while enjoying a beautiful view of the Long Range Mountains or take advantage of her mobile service, call or text 709-955-3170.

The beautiful community of **Tompkins**, named after its early settlers, lies on the banks of the Little Codroy River. Home of Minnie White, *the First Lady of The Accordion!* (is now making beautiful music with the Angels). Minnie's former family home has been restored by her son Russell & his wife, Helen. They have opened it as a beautiful Museum of Heritage & Culture called **My Dear Minnie**. It is located 1 km off the TCH on Route 407. The Museum pays tribute to Minnie's musical legacy & features themed rooms displaying treasures from the past. Hours of operation are July & August 10-4pm daily (June & September by appointment only). For more information call 709-955-2571. The old railway bed which is now part of the Trans Canada Trailways, can still be seen in both St. Andrews and Tompkins. **Hynes Chicken Villa** is a great stop for a hungry traveler. Paulines Chicken is THE BEST! "Treat yourself to one of Pauline's delicious Hynes Burger Specials" - to place an order phone 709-955-3313 (closed on Mondays). About one kilometer East on the TCH from Route 407 exit, you will find the entrance to the **Starlite Hiking Trail**. (see more info on Page 9)

Then back to **Doyles** named from early settlers by the name of Doyle. This is the community where **The Grand Codroy RV/Tent Camping Park** is located, for some history on the Doyle family, inquire with the Park staff & we will be happy to fill you in on the family connection. This is also the area of the Valley where the Doyle's Train Station once serviced the complete Codroy Valley. **LaRick Home Hardware** (is walking distance from the park) RV & camping supplies, propane (can just fill containers) & bottled water along with the usual. Say Hi to Ryan, 3rd Generation in business! **Canada Post** - drop your Newfoundland postcards off here. **Mountainside General Store** also a Liquor Store & ESSO Gas station with Diesel

Fuel, souvenirs & soft serve ice cream. Check out their large selection of clothing! This location has been a very well known "gas & conveniences" stop since the early 1950's when it was owned and operated by Wallace J. Gale. **Valley Pharmasave/M&M's/Robins Donuts** be sure to pick up your weekly Wreckhouse News. Check out their selection of Newfoundland & Labrador Books & they now carry a large selection of footwear! In this building as well you will find the **Western Health Medical Clinic** - 709-955-2443

The Credit Union can take care of all your Banking needs - they have an ATM Machine for your convenience.

Now you are back at our Campground just in time to enjoy our magnificent sunset while you roast a few marshmallows over your campfire! And tomorrow you can visit **South Branch & Coal Brook** by going East on the TCH/Route1 - After traveling about 23km you will arrive at the exit that will take you around the scenic loop through the community of **South Branch**. If you are in this area on Sunday Afternoon you should take in the entertainment at the South Branch Social Club 3-6pm, \$5. Cover charge, enjoy the music of local live bands all Sunday's except June 5th & July 31st. Make sure to have your dancing shoes on!! The community of **Coal Brook** is where the only coal mine ever existed in this area. However, they are no longer in operation.

Return to Grand Codroy RV/tent Camping Park. Sit back, relax & enjoy

our beautiful sunsets then enjoy the beauty of the night sky as you try to locate the many constellations! On rare occasions you may even see the Northern Lights!! Or you can take a very relaxing stroll on our unique walking trail, it is only a kilometer long, makes a figure 8, has rest stops on the River and lots of interesting sign post to entertain you with words of "wit and wisdom." Keep your eyes open for the Beavers who are busy building their Lodge in the River!" At the entrance to the Walking trail read some interesting history on the Doyle Family & their relationship to Alice on the storyboard sign. You will miss out on viewing (maybe even buying) something that is truly handmade in Newfoundland & Labrador, if you don't stop in to our Campground's **Country Craft Creations Shop!**

Tidbit of information:

The name "Jiggs' dinner" does not come from Newfoundland, it was adopted by Newfoundlanders from a world-wide comic strip in which corned beef and cabbage was the favourite meal of Jiggs, the main character.

If you are a Newfie you should be proud!

We were... the first province to respond to Titanic's distress signal, the first to vaccinate for smallpox, the first to host a transatlantic flight, the first to have wireless communication in the world, the first place to discover proof of the theory of continental drift;

We have... the oldest street in North America, the oldest city in North America, the oldest rock in the world, the oldest continuous sporting event (Regatta Day rules!), the largest university in Atlantic Canada, the most pubs per square foot in Canada (George Street), the longest running radio program in North America, caught the world's largest invertebrate (giant squid);

We are... the funniest people in Canada (ask anybody), the sexiest people in Canada (Maclean's magazine survey), the only province that has four identifiable flags, the only province able to land the space shuttle (Stephenville), the most giving people in Canada (Stats Canada), the most sexually active people in all of Canada (what else are we gonna do?);

A Newfoundlander... built the world's first artificial ice arena, invented the gas mask, was once governor of Northern Rhodesia, was with Abraham Lincoln at Gettysberg;

And... We are the only province to have its own... encyclopedia dictionary, pony, dogs, cultural publication.

Have a laugh with us...

A Lawyer and a Newfoundlander are sitting next to each other on a long flight. The Lawyer asks if the Newfoundlander would like to play a fun game. The Newfoundlander is tired and just wants to take a nap, so he politely declines and tries to catch a few winks. The Lawyer persists, that the game is a lot of fun. "I ask you a question, and if you don't know the answer, you pay me only \$5, you ask me one, and if I don't know the answer, I will pay you \$500." This catches the Newfoundlander's attention and to keep the lawyer quiet, agrees to play the game. The lawyer asks the first question. "What's the distance from the earth to the moon?" The Newfoundlander doesn't say a word, reaches in his pocket pulls out a five dollar bill and hands it to the lawyer. Now, it's the Newfoundlanders turn. He asks the lawyer, "What goes up a hill with three legs and comes down with four?" The lawyer uses his laptop, searches all references. He uses the Airphone; he searches the Net and even the Library of Congress. He sends e-mail to all the smart friends he knows, all to no avail. After one hour of searching he finally gives up. He wakes up the Newfoundlander hands him \$500. The Newfoundlander pockets the \$500 goes right back to sleep. The lawyer is going nuts not knowing the answer. He wakes the Newfoundlander up and asks, "Well, so what goes up a hill with three legs and comes down with four?" The Newfoundlander reaches in his pocket, hands the lawyer \$5 and goes back to sleep!

A Newfoundlander was terribly overweight, so his doctor put him on a diet. I want you to eat regularly for 2 days, then skip a day and repeat this procedure for 2 weeks. The next time I see you, you should have lost at least 5 pounds. When the Newfoundlander returned, he shocked the doctor by having lost nearly 60lbs! Why, That's amazing! The Doctor said "Did you follow my instructions?" The Newfoundlander nodded..... "I'll tell you though, Lard thunderin, I t' aut I was going to drop dead on dat tird day!" From the hunger, you mean? asked the Dr. "No, from the dam skippin!"





Codroy Valley Day Trip

by Alice Keeping

A delightful scenic loop. Begin your tour by exiting the **Grand Codroy RV/Tent Camping Park** in Doyles and turning right onto route 406. Just minutes away you will enter the community of Upper Ferry; this community had its roots back before the 1st concrete bridge was constructed in 1926 across the Grand Codroy River. Before the bridge was constructed, people could only cross the river by ferry in summer, fall and spring or on the ice in the winter season. Ferries were situated along the river and Upper Ferry got its name from the ferry that was located the greatest distance up the river. Because of easy access to the water ways, ships and schooners were built in this area. If you need mechanical attention drop in to see Shawn & Sarah at **Western Mechanical Services** on Route 406 (just 1/2 km from our campground) or call 709-955-2640. As you drive down through Upper Ferry & enjoy the scenery, you will arrive at the **The Wetland Center** (the building may or may not be open). The Center is located on the Grand Codroy Estuary, one of the largest and richest estuaries in Newfoundland & Labrador. A greater variety of waterfowl species stop here rather than anywhere else in the province - upwards to 300 different species of birds have been seen & listed. The beach area is also home to the endangered species the Piping Plover. It is the only wetlands in the province to receive Ramsar design-

ation as "A Wetlands of International Significance" and 2023 marks its 36th Anniversary. The Wetlands walking trail offers you an opportunity to "Bird Watch". This area also gives you an opportunity to view many of our wild flowers. To find a good list of the Wild Flowers found in the Codroy Valley refer to **Ten Rare Codroy Valley Wild Flowers** by **Henry Mann** on the Grand Codroy RV/tent Camping Park's website www.grandcodroy.com Continuing on 406 **St. Ann's RC Church** (check Mass schedule on page 5). The doors on St. Anns Church are always open to welcome you to just visit or for Spiritual meditation. **Belanger High School & Public Library** where internet access is available. After crossing the long bridge turning right you find yourself in the community of **O'Regans** - Before the settlement of O'Regans was so called the place was known as Backlands. When the *Newfoundland Nomenclature Committee* was formed in 1904 the name was changed to O'Regans to commemorate the memory of a beloved priest, Rev. Dr. Charles O'Regan, a Roman Catholic priest who died in the line of duty. He was shipwrecked while visiting his parishioners at Rose Blanche October 1901. Fr. O'Regan was only 29 years old. He was returning to his headquarters in Codroy Valley. He had been six years in this Mission. In the

1900's Sandy Ryan and his wife opened the first "tourist operation" in O'Regans (fishing and hunting camps). These camps are still in operation today. The Codroy Valley area now has many Outfitting Camps in operation that cater to Big Game Hunters that come here from different parts of Canada & the US. You will find a beautiful Hair Salon near the end of O'Regans Rd called **Hair It Is**, owned by Wendy, ph for app 709-341-7068. If you are looking for the local swimming hole - there is a lovely place in O'Regans known as Ryan's Brook... although you have to walk up the brook a little ways to the falls... it's well worth it!

Traveling back on Route 406 you will pass through the community of Great Codroy- (originally known as "Downey's" from families that settled there in the late 1800 by this name) earliest settlers were the Micmac hunters who lived on the banks of the river for the first half of the 1700's. Then came the Scottish and Irish. Businesses in this area include **Gillis Bros. General Store**, (this building/business has been here since the 1950's & operated by the Gillis family). Tony keeps the shelves stocked with a large variety of groceries, Movies, Beer, you can also pick up your Souvenir t-shirts, hats, post-cards, etc. Look for Eileen's, Fresh Daily, Homemade White & Raisin Bread! We say they supply the area with everything "from a baby fart to a clap of thunder!!" Call Cynthia 709-955-HAIR at **Tangles Beauty Salon** to

have your hair care attended to!!" Continue on to **Millville** you will find a Blooming business at **Valley Nursery**, drop by, "Smell the Roses" & say hi to the owners Gabbie & Dom! Millville, which was founded in 1893 when Alexander Gale moved inland from North Cove to establish a carding mill near Grand Daddy's Brook and later two other mills. The mills were producing "Harris Type Tweed" from the wool of local sheep. Gale's mill closed in 1975. The **Old Carding Mill** is located near **Tori's Small Town Grocery**, this store is under new ownership has friendly staff & offers a wide variety of groceries, homemade pizza, subs, sandwiches, meat trays, fruit trays, yogurt parfait, beer, lottery tickets & a gas pump. Directly across the road from the store you will find the local swimming hole **Grand Daddy's Swimming Hole**.

Immediately up the road on Route 406 on your left you will find **Tuckaway Farm, Apiary & Apothecary/Live Textile** owned & operated by Megan & Ash. It is open July 1 to October 31 on Saturday and Sunday 12-6pm. For more info call 709-214-5562. They grow herbs, produce, cut flowers, produce honey, bees, eggs, make botanical body care & more!! Megan is also a weaver & natural dye, visit the live textiles loom shed for handwoven textiles & visit the artists in residence over the summer of 2022!

Woodville was settled by fishermen of French and English origin.

Following the summer fishery, people returned to England and France for the winter, however, some people were left behind to look after the equipment and supplies for the next season. Those who remained behind moved inland towards the wooded area for shelter during the winter. **Codroy** was originally formed on Codroy Island, which was the site of the first bakery in Newfoundland, and is located off the coast of **Cape Anguille**. French fisherman first settled on the island and then moved to the main land portion of Codroy, because of its good harbors and its proximity to the rich fishing grounds of Cape Ray. **Cape Anguille** is situated at the end of the Anguille Mountains, which is how it got its name. In 1905, because of a disaster that occurred off the coast of Cape Anguille, a lighthouse was erected & it is still in operation today. The first Light keeper came from Quebec in 1907 and his name was Mr. Alfred Patry. The **Holy Trinity Anglican Church** is now a Historic site. It was built in 1913 with the assistance of the community who donated free labor and material. The large wooden structure stands as a beautiful landmark as it was always used by the fishermen to locate their fishing grounds. (see listing for Sunday Service times). The first visit by a Missionary of any faith to the area did not occur until 1835. The church doors will be open to welcome visitors to just admire the church and/or to have time for Spiritual visitation.

Continued on Page 4



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Welcome to the Codroy Valley & Area

**This publication made available to you by Grand Codroy RV/Tent Camping Park, Owned & Operated by Dennis & Alice Downey-Keeping
When visiting the business mentioned in this publication please pass on that you found their info in this Guide!**

The Codroy Valley is known for its fertile soil; magnificent Wetlands area, which is in sharp contrast to the rugged terrain of much of the Southwest Coast; its excellent weather conditions; and also for its rich fishing grounds off this coast. Surrounded by the Anguille Mountains to the northwest, the Long Range Mountains to the southeast, and the Gulf of St. Lawrence to the southwest, the Codroy Valley is locat-

ed on the southwest coast of Newfoundland. Running through the Valley and emptying into the gulf are two main rivers, the Grand Codroy and the Little Codroy.

The Codroy Valley covers a 100 square kilometer area and has a population of about 1700 people. It is part of the Western Region of Newfoundland, a region that stretches from Port Aux Basques on the

southwest coast to the top of the Northern Peninsula and the southeast tip of Labrador. (Red Bay, Mary's Harbor). The earliest nomadic settlers in the first half of the 1700's were Micmac hunters who lived on the banks of the river during the summer months and moved inland in the winter. The first permanent European settlers came from England and were members of the Gale family, arriving in the area

by the 1790's. They were followed by the Acadians from Eastern Canada. The Scottish settlers from Cape Breton, unhappy with the Nova Scotia Governments and the proposed tax on large land grants, arrived in 1825. Gaelic was spoken by many until the mid 1900's.

The Valley is made up of fifteen smaller communities. These communities include: Benois Siding, Doyles, Great Codroy, Loch Lomond, Millville, O'Regans, Searston, South Branch, Coal Brook, St. Andrews, Tompkins, Woodville, Cape Anguille, Codroy, and Upper Ferry.

Historique du parc

Originellement, une portion de la propriété actuelle, soit environ dix acres, appartenait à des résidents locaux; la famille Downey. En 1965, au moment où cette famille possédait un chalet sur le site, elle reçoit la visite de l'honorable W.J. Keough, qui discute avec eux de la possibilité d'établir un parc provincial sur ce site. Bert Downey demanda à M. Keough dans combien de temps la vallée de Codroy pouvait espérer la

réalisation de ce projet. Celui-ci répondit que le seul obstacle était leur propriété. M. Downey offrit alors de donner 10 acres de sa propriété au gouvernement de Terre-Neuve pour la somme nominale de 1.00\$ afin d'y aménager ce parc provincial. Cette offre fut acceptée et le 30 mars 1966, les documents officiels furent signés.

Le parc provincial a continué d'être développé et agrandi jusqu'au printemps 1997, date à

laquelle le gouvernement provincial décida de privatiser plusieurs parcs provinciaux.

C'est à ce moment, compte tenu des circonstances exceptionnelles qui avaient entouré l'origine de ce parc qu'une entente fut conclue entre le gouvernement et la famille Downey pour que celle-ci ait l'opportunité de participer au processus de privatisation.

L'histoire de ce parc continue aujourd'hui avec beaucoup de fierté puisqu'il est maintenant opéré par les familles Downey et Keeping qui ont en tête le même désir: "Servir les gens et protéger la nature."

Geschiedenis van het Park

Een deel van deze landerijen, ongeveer 4 hectare was oorspronkelijk in het bezit van plaatselijke bewoners: de familie Downey. In 1965, toen de familie een huisje op dit landgoed had kregen zij bezoek van M. H. A. Hon. W.J. Keough en tijdens het gesprek kwam het onderwerp "Provinciaal Park" ter sprake.

Bert Downey vroeg binnen welke termijn de Codroy Vallei zo'n faciliteit tegemoet kon zien. De Heer Keough's antwoord was dat grond het

problem was, Bert Downey bood de 4 hectare van zijn eigendom aan het gouvernement van Newfoundland aan voor de prijs van 1 dollar om te worden ontwikkeld en te worden behouden als provinciaal park. Dit aanbod werd geaccepteerd en op 30 maart 1966 werd de officiële overeenkomst getekend.

Vanaf dat moment werd het park ontwikkeld en uitgebreid tot het voorjaar van 1997 toen, door een besluit van het gouverne-

ment van Newfoundland om de Provinciale parken te privatiseren, dit park in andere handen overging.

Toen werd een overeenkomst gesloten met Bert Downey en zijn familie waardoor, vanwege de omstandigheden bij het ontstaan van het park, hem en zijn familie de gelegenheid werd geboden mee te doen met het privatiseringsproces.

De rest is geschiedenis en dit park wordt nu met grote trots beheerd door de families Downey en Keeping met het doel mensen te dienen en de natuur te beschermen.

Geschichte des Parks

Etwa 10 acre (ca40500qm) waren schon fruher im Besitz der ortsansässigen Familie Downey, die hier ein Wochenendhaus unterhielt.

Während eines Besuches des M.H.A. Hon. W. J. Keough in 1965 sprach man auch über die Einrichtung von Provincial Parks und Bert Downey wollte wissen, wann Codroy Valley mit einer Einrichtung wuerde rechnen koennen.

Mr. Keoughs Antwort war: das Problem ist das Land. Daraufhin bot Mr. Downey an, ein Stueck Land von 10 acte zum Preis von \$1.00 unter der Bedingung abzugeben, darauf den Park einzurichten und zu unterhalten. Das Angebot wurde angenommen und am 30.

Maerz 1966 wurden die vertraege unterzeichnet. Seither ist der Park immer grosser geworden.

Im Fruehjahr 1997 beschloss die Regierung, eine Reihe von Parks zu privatisieren und der Park bekam einen neuen Eigentuerer.

Mit Mr. Downey und der Familie wurde vereinbart, dass ihnen auf Grund der besonderen Umstaende, welche damals zur Einrichtung des Parks gefuehrt hatten, ein Vorkaufsrecht bei der Privatisierung eingeräumt werden wuerde.

Der Res ist Geschichte und der Park wird seitdem mit grossem Stolz von den Familien Downey und Keeping ge fuehrt mit dem Ziel: "Zum Wohl der Menschen und zum Schutz der Natur".

A Newfoundland Welcome

Our door is open, please come in
And sit and have a chat.
We'll spin some yarns and have a laugh
And a cuffer "bout dis "n" dat.
I'll break out the lassie buns
And we'll have a cup of tea.
Make yourself feel at home
And ask question, Please feel free.
We're so glad you paid a visit
To our Island and our home.
Now you are no longer strangers
And we'll miss you when you're gone.
Please tell your friends to visit
When ever they come this way,
Our door is always open
And we'll sure enjoy their stay

Grand Codroy RV/tent Camping PARK HISTORY

A 10-acre portion of the property was originally owned by local residents; the Downey Family. In 1965 at which time the family had a cottage on this property, they were visited by the M.H.A. Hon. W.J. Keough, and the subject of a Provincial Park in the area arose. Bert Downey inquired as to how soon the Codroy Valley could expect to see such a facility. Mr. Keough's answer was that land was the problem. Mr. Downey then offered to donate to the Newfoundland Government 10 acres of this property for the price of \$1.00 to be developed and maintained as a Provincial Park. This offer was accepted and on March 30, 1966 the official agreements were signed.

Since that time this park was developed and expanded up until the spring of 1997 when, as a result of a decision made by the Newfoundland Government to privatize a number of Provincial Parks, as well as this Park, changed hands. At this time, an agreement was made with Mr. Downey and his family that due to circumstances surrounding the origin of this park, he and his family would be given the opportunity to enter the privatization Process.

The rest is history and this park is now being operated with great pride by Dennis & Alice (Downey) Keeping with an aim in mind " To Serve People and Protect Nature".

Every day is Blessed with loving memories of Bert & Jean Downey – since it was their love of the Beautiful Codroy Valley that made it all possible.

When you visit be sure to stroll on our 'Inspirational Walking Trail'



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Thank you. We hope to see you again soon!

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